WORSHIP SERVICE
SUNDAY
Vespers Service
Rev. Kathy Hudson
June 30th
4:30pm ~ Asbury Hall

Franklin’s Boston Beginnings
The city of Boston shaped Benjamin Franklin. He rebelled against its constrains and also developed the notion of serving community.
The Friday July 5 lecture focuses on his publishing work and his role in the local small pox problem. Join us in the Exercise Room at 3:15 PM.

Events This Week:
Monday:
Flag Placing— 9AM
Writer’s Block — 10AM
Pictured Stories — 3PM
Tuesday:
Musical Salute to America
Departure — 5PM
Wednesday:
Book Mobile — 11AM
Thursday:
July 4th Ceremony — 9AM
Ice Cream Social — 2PM
Friday:
Alec Snead Performance — 2PM
Fridays @ 4 — 4PM

Independence Day
Independence day is one of the best American holidays. Independence day marks the day in history that we, as Americans, were granted freedom and independence.

* 9:00AM — Monday, July 1st join us outside at the Commons area to help your neighbors place American Flags around campus to celebrate Independence day.

* 9:00AM — Thursday, July 4th Asbury Hall — Join us for a short ceremony and patriotic sing-along to celebrate the July the forth.

* 2:00PM — Ice Cream Social — Arbor Room — Join your neighbors in the Arbor Room to cool off with some delicious Ice Cream on July 4th! No sign-up is required, we look forward to seeing you!

We encourage all residents to wear Red, White, and Blue as we join together in celebrating the beginning of the greatest country on Earth.

IL Resident Council Election
There are three voting Sections for Council elections and they are: Treehouse; Wesley Park & The Village; Heritage House, Bristol Court, & The Meadows. Since this is an odd numbered year, we will elect one Council Representative, one Council Alternate Representative, and, one Dining Committee Representative from each Section. To be eligible to run for Council you must have been a resident of Wesley Commons before January 31, 2019 and have attended two Council meetings. If you are interested in running for Council, please tell a Council member before August 31, 2019.

Alec Snead
Our residents Richard and Betty Snead’s grandson, Alec Snead will be here to entertain us in Asbury Hall on Friday, July 5th at 2PM. He will be sharing an hour of traditional country music for us! Join us for some entertainment before Fridays @ 4. Perfect way to kick off the weekend! For any questions, please contact Katelyn in Activities at #7221.

Golf Cart Policy Update
For those residents who currently have golf carts and have NOT submitted their information to Finance, please contact Jena at #7173. Once we received your name, we will send you the updated golf cart policy and acknowledgement form that you will need to sign and return to Finance, along with your insurance and drivers’ license information.
Thank You for helping us become a safer campus!
Activity Department News

Upcoming Activities

July

01 Flag placing on campus — 9AM
01 Writers Block — Silver Leaf — 10AM
01 Pictured Stories — II Library — 3PM
02 Musical Salute of America Departure — 5PM
03 Book Mobile — 11AM
04 July 4th Ceremony — Asbury Hall — 9AM
04 Ice Cream Social — Arbor Room — 2PM
05 Alec Snead Performance — Asbury Hall — 2PM
05 Fridays @ 4 — Arbor Room — 4PM

The asterisk indicates sign up is required. If you sign up for a ticketed event and do not cancel by the sign up deadline you will be billed for the ticket and transportation cost unless you find a replacement. If you are unsure of the general sign up procedures, please contact an activities staff member for details.

Musical Salute to America
The amazing Musical Salute to America by the 246 Army Band will be showcasing tunes you love and sharing their talents and love of music. The band will be performing for the community on Tuesday, July 2nd, 2019 at 6PM at the Greenwood County Veterans Center. Transportation to the event will be provided, departing time from Wesley Commons at 5:00PM that Tuesday. The sign up sheet is located outside of the PDR.

ALDI Shopping
Shopping trips to ALDI will now be offered every other Wednesday, departing from Wesley Commons at 10:30AM. The scheduled dates for the month of July are Wednesday, July 3rd, July 17th, and July 31st.

Butterfly Watch Station
On a recent tour of Wesley Commons, the judges in Greenwood for America-In-Bloom noticed the Butterfly Watch Station sign in Jean and Charlie Dye's flower garden. They stopped the tour to place an AIB door hanger at the Dye's, recognizing and thanking them for their pollinator efforts. The Dyes are one of several homes and gardens posting "Butterfly Watch Station" signs on the Wesley Commons campus, and the judges appreciation goes to all of them.

HAPPY BIRTHDAY!
7/1 Helen Culbreath
7/8 Vinton Rambo
7/10 Lyndon Harder
7/12 Lou Wynne
7/12 Jack Witt
7/15 Christine Swarm
7/16 Gerald Jung
7/18 Charlie Dye
7/18 Gail Hastings
7/21 Ingrid Alloway
7/28 Jim Hartley
7/28 Opal Underwood
7/30 Lois Noyes

STAFF BIRTHDAYS!
7/2 Tammy Harrison
7/2 Christina Avey
7/3 Michelle Kleintop
7/3 Rhonda Hughes
7/7 Corey Barton
7/9 Lorraine Carter
7/10 Janise Elgin
7/11 Tamara Perdue
7/12 Dolly Grant
7/15 Demario Childs
7/16 Amanda Fallaw
7/17 Robert Reagin
7/18 Olivia Rushton
7/18 Lottie Crawford
7/22 Isis Whitener
7/23 Barbara Cason
7/23 Jordan Graham
7/25 Marion Johnson
7/25 Christoffer Pate
7/25 Pamela Brooks
7/26 Jonathon Scott
7/26 Anmica Chiles
7/26 James Fortne
7/27 Marcus Shell
7/29 Tori Robinson
7/30 Hannah Beardsley
7/30 Sharlton Dorns
7/30 Michael Benjamin
7/31 Rachel Wardlaw

HAPPY ANNIVERSARY!
7/6 Gerald & Margaret Jung
7/11 George & Betty Crane
7/12 Charles & Opal Underwood
7/13 Jack K. & Marian Gilliland
7/14 Lyndon & Linda Harder
7/18 Steve & Debbie Douglass
7/20 Stewart & Bonnie Maurer
7/23 George & Pat Mckee

MOVIE ENTERTAINMENT
*** Shown in the Hunt Room

***Friday Night Movie
Friday, July 5th — 7PM
Clockwatchers Rated: PG-13
Starring: Toni Collette, Lisa Kudrow
A comedy about a group of temp workers who befriend each other and overcome accusations of petty office thievery.

ALDI Shopping
Make a JOYFUL noise!
Song leaders needed for Worship!
Sundays, 3 pm and 4:30 pm.
Contact the Chaplain at Ext. 7143

Musical Salute to America
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Attention:
The Wesley Window printing company, Allegra, will be closed June 28th to July 7th for the holiday. The next issue of the Wesley Window will be delivered first thing on Monday, July 8th.

ATTENTION!
**Tournament Hour:**
This week’s game for tournament hour on Monday at 3:30 will be Indoor Bocce Ball! Join us in the Wellness Complex for an hour of fun!

**Barbara Eisele:**
We want to congratulate Barbara Eisele for recently bringing back five gold medals along with a bronze medal from this year’s National Senior Games! She had first place wins in the 100, 200, 400 IM (Individual Medley), 50, 100 butterfly, along with a third place win for the 200 backstroke. She also broke the National Senior Games Record in the 400 IM! Barbara is an amazing example of staying active as she continues to do what she loves and excels at!

**Keep Your Brain Healthy!**

**Last week’s teaser:**

Can you solve this?

\[
\begin{align*}
+ & + & + & = 60 \\
+ & + & + & = 30 \\
- & - & = 3 \\
+ & + & + & = ?
\end{align*}
\]

**Answer:**
25

**This Week’s Teaser:**
Where should you look if you want to see an Opisthenar?

**Podiatrist**
The Podiatrist will be here on July 15th! Look for your appointment reminder soon in your mailbox. Let us know if you’d like to join the list! Please call Wellness at #7485 with any questions.

**Reminder:**
Please be mindful to avoid wearing bathing suits or swim attire in the pool that have been in the lake or other bodies of water; as well as street shoes, as this disrupts the chemicals in the pool. We want to keep the pool clean and functional for use for all residents. Thank you!

**Find the Weight**
A pink, 1 pound dumbbell belonging to the Wellness Complex that was located in an undisclosed area on the Wesley Commons campus has been found. Congratulations Louise Aull for finding the dumbbell located in the Independent Living Computer lab.

**Wellness Matters:**
We will be having our quarterly assessments on **Wednesday, July 24th from 12:30 to 4:40!** We will assess areas such as strength, flexibility, endurance and cognitive function. Call Wellness to sign up for a spot and with any questions at #7485!

**Wednesday Workshop:**
We will be offering a different workshop series **each month** on Wednesdays at 10:30 a.m. The **July** workshop series—Yoga for low back pain and strengthening—will begin on July 3rd at 10:30 a.m. Please wear comfortable clothes appropriate for stretching and exercise.

**Putting Competition**
We had 16 players for the June competition, and the winners were: Bee Corcoran for the ladies Andy Corcoran won in a playoff for the men. Congratulations to all!

**Guest Policy:**
You are welcome to bring guests into the Wellness Complex. Please make sure your guest fills out a hold harmless liability waiver before participating in any exercise program. Once the waiver has been signed, please return it to the wellness staff. All guests must be over the age of 14 to use the weight room and over the age of 8 to use the pool. Guests must be accompanied at all times by the host resident. Contact Wellness with any questions, #7485

**Water Walking:**
Our Water Walking class is going to be held at a NEW time! It will now be on Wednesday afternoons at 2:00pm! All are welcome, but this class is especially designed as a low level, low impact way to improve balance and overall movement.
## Calendar for the week of July 1st — July 7th

### Monday, July 1st
- **8:30** Pickleball – WC Courts
- **9:00** Flag Placing on Campus
- **10:00** Writer’s Block — Silver Leaf
- **1:00** Bunco — Hunt Room
- **1:15** Bridge — Hunt Crossing — Lois Waldron 1335
- **2:15** Chicago Bridge — Hunt Room — Barbara Tennant #7309
- **3:00** Pictured Stories — IL Library

### Tuesday, July 2nd
- **10:00** Needlecraft — Hunt Room
- **12:00** United Community Bank — IL Computer Rm
- **10:30** ALDI Shopping

### Wednesday, July 3rd
- **8:30** Pickleball – WC Courts
- **9:00-untill** Beauty/Barber Shop open
- **9:00** Food Lion shopping
- **10:00** United Community Bank — IL Computer Rm
- **10:30** ALDI Shopping

### Thursday, July 4th
- **9:00** July 4th Ceremony — Asbury Hall
- **9:00-untill** Beauty/Barber Shop open
- **10:00** Current Events Group — PDR
- **12:30** Wii Bowling — Wellness Room
- **1:00** Advanced Bridge — Hunt Room — Mishie and John Bacot #1347
- **1:00 & 2:30** Wii Bowling — Wellness Room

### Friday, July 5th
- **8:30** Pickleball – WC Courts
- **9:00-untill** Beauty/Barber Shop open
- **10:00** Guys Table Tennis — Curry Room
- **10:00** Bible Study — Palmetto Room
- **12:30** Mah Jongg — Hunt Room

### Saturday, July 6th
- **8:30** Pickleball – WC Courts
- **10:00** Gals Table Tennis — Curry Room
- **1:00** Pool — Curry Room
- **5:30-untill** Game Night — Hunt Room

### Sunday, July 7th
- **8:15 am** St. Mark UMC Departure
- **9:30 am** Main St. UMC & First Pres. & First Baptist
- **10:30** Pickup for Church Service
- **2:30** Worship — HRC: Rehab Gym
- **4:30** Vespers Service — Asbury Hall

### Welcome Neighbors!
- **Thursday, June 27**
  - Sara Russell
  - TH 1008 P.O. Box 161
  - Moving from McCormick, SC
  - Phone: 330-1307

- **Tuesday, July 30**
  - Joyce Griffiths P.O. Box remains the same
  - Moving from 108A- Susannah Wesley to HH 120
  - Phone: 227-7120

### Song of Solomon 7, 8; Psalm 103
- **Isaiah 1, 2, 3**
- **Isaiah 4, 5, 6; Psalm 104**
- **Isaiah 7, 8, 9**
- **Isaiah 10, 11, 12**
- **Isaiah 13, 14, 15, 16**
- **Isaiah 17, 18, 19**

### FOR EMERGENCY MEDICAL ASSISTANCE:
If the situation is a medical emergency, call 911 first and please stay on the line to give the dispatcher your name, address, and the nature of your emergency.

In the event of an emergency, pull the emergency pull cord located in the bathroom or Dial 0. If you have a pendant, you may also activate it for assistance.

### AFTER HOURS EMERGENCY ASSISTANCE FOR MAINTENANCE
If you have an emergency work order, one that must be taken care of right away, please call ext. 7290. If no answer, leave a detailed message with your name and number so the message can be relayed to the appropriate person.

For all other Maintenance, Grounds, Pest Control and Housekeeping work orders, please call #7370.

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*The Wesley Window* is a weekly publication by the Activities Department, Katelyn Dixon Activities Coordinator.