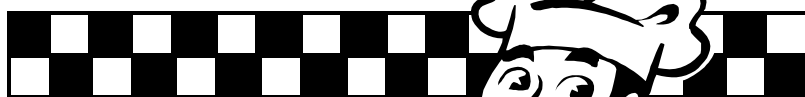


“the grill”



menu

JULY 26 – AUGUST 1, 2010

	BREAKFAST 7:30AM – 9:00AM	LUNCH/DINNER 11:30AM – 6:30PM
MONDAY	Special: Country Ham Biscuit	Honey Dijon Ham Sandwich
TUESDAY	Special: Waffles	Grilled Tomato, Basil, and Mozzarella on Sourdough
WEDNESDAY	Special: Chicken Biscuit	Pulled Pork Sandwich w/ Spicy Slaw
THURSDAY	Special: Yogurt w/ Fresh Berries	Roast Beef & Horseradish on Sourdough <i>Salad trio plates will be added to the evening meal</i>
FRIDAY	Special: Homemade Banana Nut Bread	Greek Gyro
SATURDAY	Special: Omelet	Sausage Dog w/ Peppers & Onions
SUNDAY	Special: Fresh Fruit	Chicken Salad Sandwich Grill Hours: 4:00pm – 6:30pm
	ALWAYS AVAILABLE: Eggs to order Pancakes Bacon & Sausage Grits & Oatmeal Muffins, Biscuits, Toast Warm Prunes Corned Beef Hash Assorted Cold Cereals	ALWAYS AVAILABLE: Grilled Chicken Sandwich Fried Chicken Sandwich Chicken Fingers Certified Angus Burger BLT (Bacon, Lettuce, Tomato) Turkey or Corned Beef Reuben <i>Hebrew National</i> Hot Dog Ham, Roast Beef, Turkey, & Corned Beef



The Silver Leaf Lunch Menu



JULY 26 – AUGUST 1, 2010

11:30 AM – 1:30 PM

~ Your Choice of Entrees and Side Dishes ~

MONDAY



Soup – 5 Bean Soup
Baked Chicken
Apple Pork
Pan Fried Grouper

Brown Rice
Capri Blend Vegetables
Creamed Spinach
Field Peas w/ Snaps

Salad Feature – Shrimp Salad

TUESDAY



Soup – Broccoli Cheddar Soup
Honey Mustard Chicken
Beef Stew
Popcorn Shrimp

Squash Casserole
Fried Green Beans
Rice
Broccoli w/ Cheese Sauce

Salad Feature – Pasta Salad

WEDNESDAY



Soup – Chicken Tortilla
Turkey Divan
Country Style Steak w/ Gravy
Sautéed Lemon Pepper Shrimp

Mashed Potatoes w/ Gravy
Cabbage
Cream Corn
Black Eyed Peas

Salad Feature – Carrot & Raisin Salad

THURSDAY



Soup – Loaded Potato
Pork Roast
Pecan Crusted Fish
Vegetable Quiche

Oven Roasted Potatoes
Green Beans
Butternut Squash
Asparagus Casserole

Salad Feature – Deviled Egg Potato Salad

FRIDAY



Soup – New England Clam Chowder
Herb Baked Fish
Black Oak Honey Ham
Stuffed Peppers

Corn on the Cob
Broccoli w/ Cheese Sauce
Stewed Tomatoes & Okra
Au Gratin Potatoes

Salad Feature – Peaches & Cream

SATURDAY



Soup – Chicken Noodle
BBQ Chicken
Tuna Casserole
Saffron Pork Tips

Potato Salad
Peas w/ Pearl Onions
Squash Blend
Baked Apples

Salad Feature – Fruit Salad

SUNDAY



Soup – Vegetable
Grilled Salmon Filet
Fried Chicken
\$5.00 Lamb w/ Mint Jelly

Mashed Potatoes w/ Gravy
Green Beans
Macaroni & Cheese
Asparagus w/ Hollandaise
Carrot Soufflé

Salad Feature – Fresh Fruit

= Heart Healthy = Low Sodium = Spicy

*Baked Potato, Sweet Potato, & Assorted Bread Available Everyday



The Silver Leaf Dinner Menu



JULY 26 – AUGUST 1, 2010

5:00PM – 6:30 PM

~ Your Choice of Entrees and Side Dishes ~

MONDAY



Soup – 5 Bean Soup
Pork Roast
Sweet & Sour Chicken
Teriyaki Sliced Beef

Fried Rice
Cabbage
Asparagus Tips
Egg Rolls

Salad Feature – Shrimp Salad

TUESDAY



Soup – Broccoli Cheddar Soup
Rosemary Baked Chicken
Jambalaya
3 Cheese Stuffed Shells

Peas & Carrots
Steamed Rice
Beer Battered Zucchini
Collard Greens

Salad Feature – Pasta Salad

WEDNESDAY



Soup – Chicken Tortilla
Mango Pork
Fish & Chips
Chicken Cacciatore

Broccoli w/ Cheese Sauce
Buttered Egg Noodles w/ Fresh Herbs
Carrots
Snow Peas

Salad Feature – Carrot & Raisin

THURSDAY

Fine Dining

Hours – 5:00pm – 7:00pm

Make reservations now at ext. 7489

See insert for menu

FRIDAY



Soup – New England Clam Chowder
Grilled Chicken Breast
Clams Linguine
Baked Spaghetti

Fried Eggplant
Cauliflower w/ Cheese Sauce
Spinach
Carrots
Garlic Bread

Salad Feature – Peaches & Cream

SATURDAY



Soup – Chicken Noodle
Broiled Scallops
Chicken Marsala
Sautéed Beef Tips in Brown Gravy

Orzo Pasta w/ Diced Tomatoes
Fried Mushrooms
Grilled Zucchini
Brussels Sprouts

Salad Feature – Fruit Salad

SUNDAY



Soup – Vegetable
Grilled Salmon Filet
Fried Chicken
\$5.00 Lamb w/ Mint Jelly

Mashed Potatoes w/ Gravy
Green Beans
Macaroni & Cheese
Asparagus w/ Hollandaise
Carrot Soufflé

Salad Feature – Fresh Fruit

= Heart Healthy = Low Sodium = Spicy

*Baked Potato, Sweet Potato, & Assorted Bread Available Everyday



The Silver Leaf

Wesley Commons Fine Dining Restaurant

For Reservations call 227-7489

or email reservations@wesleycommons.org

salads

Grilled Chicken Salad\$8.00

A bed of fresh mixed greens topped with chopped green apples, mandarin oranges, roasted pecans, feta cheese, cucumbers, grape tomatoes, and julienne grilled chicken. Served with balsamic vinaigrette dressing.

Salad Dressings: Ranch, Italian, Raspberry Vinaigrette, Poppy Seed, Blue Cheese, and Balsamic Vinaigrette.



Entrees

All entrees served with fresh bread and house salad.

Low Country Boil.....\$10.00

Shrimp, sausage, corn, and potatoes cooked in Joey's low country seasoning blend; served with cole slaw and hushpuppies.

Filet Mignon\$14.00

An 8oz prime cut filet, grilled to order

Desserts

Chef's Choice\$2.50

Drinks

Tea (sweet and unsweet) \$.50

Soft Drinks / Juice \$.50

Coffee \$.50

See Wine Selection

Please make reservations before noon on Thursday